



DRUG AND ALCOHOL ABUSE PREVENTION PROGRAM

Annual Notification

Central Community College (CCC) is committed to maintaining drug-free campuses. Under the Drug Free Schools and Communities Act (DFSCA), as an Institution of Higher Education (IHE), we have implemented programs to prevent the abuse of alcohol and use, and/or distribution of illicit drugs both by CCC students and employees either on its premises and as a part of any of its activities. This annual notice includes the following information:

1. Standards of conduct that clearly prohibits the unlawful possession, use or distribution of

stitution will impose sanctions on students and employees and
ns, up to and including expulsion or termination of

2. Legal Sanctions

Central Community College enforces all federal and state laws and local ordinances.

Federal

Fines up to \$10,000

Drugs may come with commercial names, common forms, common routes of use and times. All of these drugs have possible short, longterm and other healthrelated effects.

Drug Abuse

The following is a list of commonly used drugs and the risks associated with their use.

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Alcohol Abuse

Alcohol effects vary from person to person. This depends on a variety of factors including, how much you drink, how often you drink, your age, health status, etc. Alcohol impairs brain functioning and motor skills. If use continues over time, it increases the risk of heart, liver and pancreas damage. There is also strong evidence of an association between alcohol drinking and several types of cancer.

The National Institute on Alcohol Abuse and Alcoholism provides additional information regarding health risks, along with information about mixing alcohol with certain medications. Their website is www.niaaa.nih.gov.

Drug and Alcohol Testing Policy

Pursuant to the Drug-Free Workplace Act and the Drug-Free Schools and Communities Act, Central Community College will require drug and alcohol testing for employees and students in circumstances where reasonable suspicion exists.

Friendship House
308-382-0422
406 W Koenig St.
Grand Island, NE 68801

www.thefriendshiphouse.net/residentialservices

The Friendship House is a Halfway Home Residential Program that provides a therapeutic living environment for adult men recovering from substance abuse as they transition to the next phase of their recovery. The program includes room and board, weekly individual and group counseling, 24 on-site support and counseling and accountability to community-based supports. Friendship House also offers outpatient counseling services to individuals of all ages.

Grand Island VA Medical Center
308-382-3660
2210 North Broadwell Avenue
Grand Island, NE 68803

www.nebraska.va.gov/locations/Grand_Island.asp

The Grand Island VA Medical Center provides residential substance abuse treatment. It also has outpatient mental health and medical services available to veterans.

St. Francis Alcohol and Drug Treatment Center
308-398-5427
2112 W Faidley Ave.
Grand Island, NE 68803

www.chihealth.com/stfrancis/services/behavioral-care.html

This treatment center offers residential and outpatient treatment services for substance use disorders. Programs include individual, group, and family counseling, as well as education sessions. Once treatment is completed, the individual will transition to intensive, individualized and family outpatient treatment.

The Bridge
402-462-4677
907 South Kansas
Hastings, NE 68901

www.thehastingsbridge.com

The Bridge offers long term residential treatment for women struggling with substance abuse. The program lasts approximately 12 months. Treatment focuses on relapse prevention, continued problems and/or continued use and promoting eventual reintegration into the community.

Horizon Recovery Center & Counseling
402-462-2066
835 South Burlington Ave. Suite 115
Hastings, NE 68901

www.reviveinc.org

Horizon Recovery Center provides clean and sober living space for individuals participating in alcohol and drug rehabilitation and counseling treatment programs. They also provide intensive outpatient treatment, outpatient individual counseling, relapse prevention outpatient program, life skills classes and substance abuse assessments.

5. Disciplinary Sanctions

CCC will impose sanctions on students and employees for violation of alcohol and drug policies and standards of conduct (consistent with federal, state and local laws).

For employees, one or more of the following actions may be taken:

- Referral to the Employee Assistance Program for evaluation to determine the appropriate level for treatment;

- Participation in a drug rehabilitation program;

- Disciplinary action, up to and including termination of employment and referral for prosecution.

For students, one or more of the following sanctions may be imposed:

- Verbal or written reprimand